Valyermo Sacred Dance Workshop July 21-23



Discovering the Living Desert and Creator Spirit

Creation and our shared role in it usually display themselves in the lush of spring and summer; the green of forest and blue, teaming shores and depths of water. Come rediscover the "seamless beauty" of Mother Earth, God's original gift of "all that is" in the midst of the mysterious desert and the warmth of the California summer. Participants will revisit the dance of creation as called by the psalms, the dance of Miriam at the Exodus, and the spirituality of the Desert Mothers. We will come to sing and dance together "Laudato, Si."

Dancers, musicians, artists, liturgists, and poets of faith are called together this weekend to translate our care for the Earth into movement reflective of God's creative energy in all of humankind. The days are full of scripture, dance, prayer, and fellowship; evenings are open to silence and reflection. Participants will have the opportunity to offer the work of previous days in a worshipful setting. Bring comfortable clothes to move with ease.

Friday: 5:00-6:00 pm 8:00-9:30 pm

Saturday: 9:00-11:30 am 2:30-5:30 pm *8:00-9:30 pm*

Sunday: Morning Dance Prayer 9:00-10:00 am 10:30-11:30 am John is an oblate of Valyermo and founder of the Valyermo Dancers. A gifted dancer, choreographer, and liturgist, he has been conducting workshops at St. Andrew's, as well as at the international and national collegiate and university levels. His professional associations include membership in the prestigious North American Academy of Liturgy.

Location:St. Andrew's Abbey, Valyermo CA Lodging: \$250 single, \$200 each shared *Price includes meals.To Register: Please Contact St. Andrew's Abbey <u>retreats@valyermo.com</u> or call (661) 944-2178 <u>www.saintandrewsabbey.com</u>