

Moving to Bridge the Gap



Mid-Winter Sacred Dance Workshop

St. Andrew's Abbey

January 17th -20th

Through the art of sacred dance, participants will imitate and celebrate the movements of heroes and saints who bridge the gap between the joyful and the joyless between the hopeful and the hopeless; between the unburdened and the overburdened

Come and move with us!

Dancers, musicians, artists, liturgists, and poets of faith are called together this weekend to embrace in faith and love the concerns of one another; to become each other's voices and agents when circumstances have become so overwhelming and to lend our prayerful movements and voices in supplication for help and comfort. The days are full of dance, prayer scripture, and fellowship. Participants will have the opportunity to offer the work of their days in a worshipful setting. Bring comfortable clothes re nature and to move with ease.

John is an oblate of St. Andrew's Abbey and founder of the Valyermo Dancers. A gifted dancer, choreographer, and liturgist and writer, he has been conducting workshops at St. Andrew's and Holy Spirit Retreat Center, as well as at international and national collegiate and university levels. His professional associations include serving on the board of the Sacred Dance Guild and as a member of the prestigious North American Academy of Liturgy.

*Friday: 8:00 pm; Saturday: 9:00am-11:15 am; 2:30 pm-5:00 pm; Evening: TBA
Sunday: 9:00 am-11:15 am 2:30 pm-5:30 pm; Evening Dance Prayer Vigil 8:00 pm
Monday: 9:00 am -10:30 am*

Location: St. Andrew's Abbey, Valyermo, CA

Room, board, and tuition: \$385 single;\$316.50 each shared.

To register: <https://midwinterdance2020.eventzilla.net/web/event?eventid=2138740869>

or contact St. Andrew's Abbey retreats@valyermo.com or call (661)944-2178

www.saintandrewsabbey.com