

Valyermo Mid-Winter Dance Workshop 2013



January 18th - 21st
Friday - Monday

Friday: 8:00 pm

Saturday: 9:00 am-11:15 am
2:30 pm- 5:00 pm
Evening: TBA

Sunday: 9:00 am- 11:15 am
2:30 pm- 4:30 pm
Evening Dance Prayer

Monday: 9:00 am - 10:30 am

Led by John West

Contributing
Artists:

ValLimar &
Frank Jansen

Location: St. Andrew's Abbey, Valyermo, CA

Lodging: \$350 single room; \$287.50 shared room

*Price includes meals.

More Than an Open Door

The work and prayer of sacred dance becomes the vehicle for the spiritual journey of this extended weekend. Participants gather as a community of dancers, musicians, and poets to explore biblical or liturgical themes. The days are full of scripture, dance, and prayer; the evenings are usually open to silence and reflection. Sunday night provides the participants the opportunity to offer, with the monks, the work of previous days in a worshipful setting. (Bring, along a Bible, journal, your musical instruments, dance work clothes, & clothing suitable for liturgical celebrations.)

John West is an oblate of Valyermo and founder of the Valyermo Dancers. A gifted dancer, choreographer, and liturgist, he has been conducting dance workshops at St. Andrew's for many years. He is also a lecturer and educator currently serving as Headmaster at the Mirman School.