Valyermo Mid-Winter Sacred Dance Workshop January 16-19, 2015

Led by John West

John is an oblate of Valvermo and founder of the Valvermo Dancers. A gifted dancer, choreographer, and liturgist, he has been conducting workshops at St. Andrew's, as well as at the international and national collegiate and university levels. His professional associations include membership in the prestigious North American Academy of Liturgy.



January 16– 19th Friday - Monday

> Friday: 8:00 pm

Saturday: 9:00 am-11:15 am 2:30 pm- 5:00 pm Evening: TBA

Sunday: 9:00 am- 11:15 am 2:30 pm- 4:30 pm Evening Dance Prayer Vigil

> Monday: 9:00 am - 10:30 am

From Fraction to Unity

The work and prayer of sacred dance becomes the vehicle for this weekend of celebration and praise of the unifying breath of the living God who created our diverse, multi-formed, humanity. Dancers, musicians, and poets of good faith are called together this weekend to translate religious, biblical, and liturgical themes into moving art reflective of God's creative presence in all of humankind. The days are full of scripture, dance, prayer, and fellowship; the evenings are open to silence and reflection. Sunday night provides participants the opportunity to offer, in the company of the monks, the work of previous days in a worshipful setting. *Friends and family are cordially invited to come on Sunday, January 18th, at 8:00 pm in the chapel for the Dance Prayer Vigil.

Location: St. Andrew's Abbey, Valyermo, CA: Lodging: \$350 single room; \$287.50 shared room *Price includes meals.



To Register Please Contact St. Andrew's Abbey: <u>retreats@valyermo.com</u> or call (661) 944- 2178 <u>www.saintandrewsabbey.com/</u> www.valyermodancers.org