

Dancing the Hope In Front of Me

Mid Winter Dance Workshop
led by John West
St. Andrew's Abbey
Valyermo, Ca

January 14-17th
2022



Dance is your pulse, your heartbeat, your breathing. It's the rhythm of your life.
— Jacques d'Amboise

No matter how long the cold, bleak days of winter may continue, winter always turns to spring. This is the law of the universe and the law of life. As long as we hold on to hope, spring is sure to come. Dausaku Ikeda

Come to the Abbey for this mid-winter workshop to pulse, breathe and rhythmically move one another into the hope in front of us, into the sacred encounter with the dream God calls us to be. Dancers, musicians, artists, liturgists and poets of faith are called together this weekend to translate hope into art and prayer reflective of God's creative presence in all of humankind.

<https://events.eventzilla.net/e/mid-winter-dance-workshop-dancing-the-hope-in-front-of-me-2138825425>