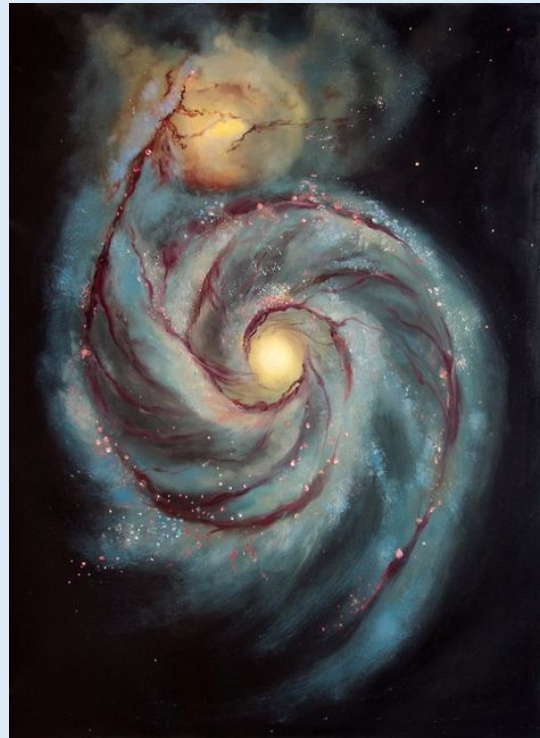


Mid-Winter Sacred Dance Workshop

January 18-21, 2019

*...there is a single
force which nothing
can replace and
nothing destroy, a
force which urges
us forward and
draws us upwards:
this is the force of
love.*

[Chardin]



*While I dance
I can not judge,
I can not hate,
I can not separate
myself
from life.
I can only be joyful
and whole. This is
why I dance.*

[Hans Bos]

The Sacred Dance Into Divine Love

John is an oblate of St. Andrew's and founder of the Valyermo Dancers. A gifted dancer, choreographer, and liturgist and writer, he has been conducting workshops at St. Andrew's and Holy Spirit Retreat Center, as well as at international and national collegiate and university levels. His professional associations include serving on the board of the Sacred Dance Guild and as a member of the prestigious North American Academy of Liturgy.

www.valyermოდancers.org

Come experience and embrace anew a truth of the ages: sacred dance as a universal language of humankind. Through the work of the weekend we will dance to connect heart, mind, body, and spirit to the divine; to envision a world community committed to living life in compassion, creativity, and in service to the greater good. Collaborating with musicians *Val and Frank Jansen*, we will also celebrate this year the 60th Anniversary of the *International Sacred Dance Guild* and its commitment to these values and vision. Dancers, musicians, artists, liturgists, and poets of faith are called together this weekend to transform the Divine Love within humankind into art reflective of our care for and commitment to one another. The days are full of scripture, dance, prayer, and fellowship. Participants will have the opportunity to offer the work of their days in a worshipful setting. Bring comfortable clothes to explore nature and to move with ease.

Location: St. Andrew's Abbey, Valyermo, CA
Lodging: \$316.50 shared room; \$385 single room: price includes meals.

To register:

<https://midwinterdance2019.eventzilla.net/web/event?eventid=2138957437>
or contact St. Andrew's Abbey retreats@valyermo.com or call (661)944-2178

www.saintandrewsabbey.com

January 18th-21st
Friday-Monday

Friday:
8:00 pm

Saturday:
9:00am-11:15 am
2:30 pm-5:00 pm
Evening: TBA

Sunday:
9:00 am-11:15am
2:30 pm-5:30 pm

8:00 pm
Evening Dance
Prayer Vigil

Monday:
9:00 am -10:30
am

