

Valyermo Sacred Dance Workshop

June 18th 2016

9:00 am -4:30 pm

Aware of Being Moved

We are called on a journey of faith that leads us to recognize landmark experiences along the way. These landmarks help reinforce our belief and hope that we are where we need to be at the right time. We often do not arrive by our own conscious design, but by the silent yet powerful winds of the Spirit.



We arrive because we have been moved, emotionally, physically, spiritually. Come surrender to the movement through the beauty and power of sacred dance.

John West is an oblate of St. Andrew's Abbey and founder of the Valyermo Dancers. A gifted dancer, choreographer and liturgist, he has been conducting dance workshops at St. Andrew's. He is also a lecturer and educator at the international and national collegiate and university levels. His professional associations include membership in the prestigious North American Academy of Liturgy.

Workshop tuition, \$40.00, includes continental breakfast, coffee, tea, and water. These beverages are available throughout the day. Lunch is served following the noon Mass.

To register on line:
(661)944-2178

www.saintandrewsabbey.com



retreats@valyermo.com or call

Location: St. Andrew's Abbey
31001 N Valyermo Rd.
Valyermo, CA 93563