

Valyermo Sacred Dance Workshop

July 20-22

*"We belong,
from the cells
of our bodies
to the finest
creations of our
minds,
to the intricate
constantly
changing
cosmos."*

[Sallie McFague]



Workshop participants will come to rediscover the "seamless" biblical and scientific relationship we share with the elements that compose and surround Mother Earth, God's original gift of "all that is." Set in the beauty of St. Andrew's Abbey and in the spirit of "Laudato Si," songs and dances will be offered in thanksgiving and praise for God's Sacred Creation and our kinship with it.

Moving with the Elements of Life in Cosmic Kinship

Dancers, musicians, artists, liturgists, and poets of faith are called together this weekend to translate our care for the Earth into movement reflective of God's creative energy and Spirit. The days are full of scripture, dance, prayer, and fellowship. Participants will have the opportunity to offer the work of their days in a worshipful outdoor setting. Bring comfortable clothes to explore nature and to move with ease.

Friday:
5:00-6:00 pm
8:00-9:30 pm

Saturday:
9:00-11:30 am
2:30-5:30 pm
8:00-9:30 pm

Sunday:
Morning Dance
Prayer
9:00-10:00 am
10:30-11:30 am

John is an oblate of Valyermo and founder of the Valyermo Dancers. A gifted dancer, choreographer, and liturgist, he has been conducting workshops at St. Andrew's, as well as at the international and national collegiate and university levels. His professional associations include membership in the prestigious North American Academy of Liturgy.

Location: St. Andrew's Abbey, Valyermo Ca.

Lodging: \$250 single room; \$200 each shared room *Price includes meals.

To Register: Please Contact St. Andrew's Abbey retreats@valyermo.com or call (661) 944-2178

www.saintandrewsabbey.com