

Moving in Wisdom, Dignity, and Homage to the God in Us.



Valyermo Sacred Dance Workshop

November 14, 2015

9:00 am- 4:30 pm

A day of gathering to proclaim and manifest through dance a transformative healing dawn for the human family. What can you bring or offer as a sign of your personal light?

Come join in a danced renewal of our role as instruments of the living God in the ongoing work of creation. Comfortable clothes suitable for moving are suggested.

John West is an oblate of St. Andrew's Abbey and founder of the Valyermo Dancers. A gifted dancer, choreographer and liturgist, he has been conducting dance workshops at St. Andrew's. He is also a lecturer and educator at the international and national collegiate and university levels. His professional associations include membership in the prestigious North American Academy of Liturgy. For liturgical dance resources, future workshops, and more information about John West and the Valyermo

Workshop tuition, \$40.00, includes continental breakfast, coffee, tea, and water. These beverages are available throughout the day. Lunch is served following the noon Mass.



To register on line: retreats@valyermo.com or call (661)944-2178

www.saintandrewsabbey.com

Location: St. Andrew's Abbey
31001 N Valyermo Rd.
Valyermo, CA.93563