

Dancing the Psalms and Songs of Creation

*[The Creator Spirit]
is Life, movement...
[making] dry twigs
and withered
souls green again
with the juice of life...
[playing] music in the
soul, being the melody
of praise and joy...
awakening mighty
hope, blowing
everywhere the winds
of renewal in
creation.
[Hildegard of Bingen]*



Join dancers, musicians, artists, liturgists, and poets of faith to dance and sing ancient psalms and contemporary songs that call us to creativity and prayer. Our work will remind us of our unity with all of Creation; will help us recharge our energies and commitment to renew the face of the earth.

Valyermo Sacred Dance Workshop July 19-21, 2019

In the spirit of "Laudato Si," songs and dances will be offered in thanksgiving and praise for God's Sacred Creation and our kinship with it. The days are full of dance, prayer, reflection, and fellowship. Participants will have the opportunity to offer the work of their days in a beautiful outdoor setting of St. Andrew's Abbey. Bring comfortable clothes to explore nature and to move with ease.

Friday:

5:00-6:00 pm
8:00-9:30 pm

Saturday:

9:00-11:30 am
2:30-5:30 pm
8:00-9:30 pm

Sunday:

Morning Dance
Prayer
9:00-10:00 am
10:30-11:30 am

John is an oblate of St. Andrew's Abbey and founder of the Valyermo Dancers. A gifted dancer, choreographer, and liturgist and writer, he has been conducting workshops at St. Andrew's and Holy Spirit Retreat Center, as well as at the international and national collegiate and university levels. His professional associations include serving on the board of the Sacred Dance Guild and as a member of the prestigious North American Academy of Liturgy.

Location: St. Andrew's Abbey, Valyermo Ca.

Lodging: \$275 single room; \$220 each shared room *Price includes meals.

To register on line: <https://summerdance2019.eventzilla.net/web/event?eventid=2138953334> or email St. Andrew's Abbey retreats@valyermo.com or call (661) 944-2178 www.saintandrewsabbey.com